



# IRT Sarah Claydon

## Everything you need to know

Located in the historic township of Milton with spectacular countryside and ocean views all around, this delightful Community is perfect for those seeking private estate living.

### About our Community:

IRT Sarah Claydon is proud to share in the positive and supportive community atmosphere of the surrounding area. As a resident, you have the opportunity to keep to yourself and take advantage of the country estate-like living or get involved with some of the many activities hosted within the on-site community room. Facilities available to all our residents include:

- Comfortable and well stocked library
- On-site hairdresser
- Beautifully landscaped grounds.

### About Milton:

You'll enjoy a private rural location within the thriving cultural town of Milton, with access to its colourful range of shops, cafes and galleries, as well as a hospital, all just a short stroll away. All other amenities and services you could require can be found a 5 minute drive away in the bustling harbour town of Ulladulla, with the beautiful beaches of Mollymook just a couple of minutes further along the coast.

# Living in our Community

Our facilities have been designed to take advantage of the peaceful rural setting, with expansive balconies and patios carefully arranged to take in the country and ocean views.

## Our Lifestyle Community villas

Our Lifestyle Community comprises of a two-story complex, with 34 one and two-bedroom apartments, each with their own balcony or patio and some with a secure carport. All Lifestyle Community residents have access to our well maintained BBQ area.

All are complete with modern, stylish comforts including:

- Upright stove or wall oven/bench top hotplates
- Range hood
- Refrigerator
- Washing machine
- Built-in wardrobes.

## Our Care Centre

Our Care Centre offers 141 private or shared suites featuring a range of care and service options, including 16 secure dementia care suites, three Carer Support suites for short-term stays to allow carers a break, one palliative care suite and 13 extra service premium suites. The Care Centre is spread across two buildings and surrounded by extensive gardens that feature courtyards, sitting areas and a manicured lawn, including a mini-golf course. All suites come with 24-hour care with all meals and maintenance taken care of, and access to central lounge areas.

For added comfort, each suite offers:

- Ceiling fan
- Hi-Lo bed
- Wardrobe
- Emergency call button
- Kitchenette, ensuite, LCD television and bar fridge available in some suites.

## Activities

There's always something interesting going on for you to get involved in. You can experience a range of activities to suit your needs and interests.

But if you'd prefer some privacy, our landscaped gardens and quiet areas are there too.

Activities include:

- Pet therapy
- Various games such as jigsaw puzzles, crosswords, trivia and carpet bowls
- Group exercise classes
- Outings to various locations for shopping, coffee, bowling and scenic drives
- Active auxiliary
- Church services and bible study
- Arts and crafts
- Social entertainment activities including cooking, baking and gardening
- Afternoon movie sessions
- Cocktail parties
- Weekly resident computer kiosk training.

A close-up photograph of a senior couple. The woman, on the left, has short, light-colored hair and is wearing a bright yellow ribbed sweater. She is smiling broadly at the camera. The man, on the right, has white hair and is wearing an orange sweater over a blue and white checkered shirt. He is also smiling and looking down at a small, fluffy dog with long, dark and light-colored fur that is resting its head on his chest. The background is a soft-focus indoor setting.

Join us!



## Location

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