



# IRT Berala on the Park

## Everything you need to know

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Located in a leafy residential area, this luxurious Care Centre is perfect for those who enjoy the conveniences of the city, but not the hustle and bustle.

### About our Community:

Everything about IRT Berala on the Park has been designed to make you as comfortable as possible, while providing every opportunity to make new friends. You'll enjoy four communal lounge areas and three dining areas with beautiful outdoor spaces where you can just enjoy the sunshine. All meals are prepared by IRT Catering using nutritious and fresh seasonal produce and all residents are welcome to take advantage of our social calendar, which includes optional activities like:

- Access to the IRT bus for organised outings
- Concerts
- Happy hours
- Men's club
- Music therapy
- Weekly high tea
- Book club.

### About Auburn:

Our location means you'll experience the perfect balance between quiet and relaxed living and the conveniences of Western Sydney. We're just a short walk away from a number of amenities and parklands, plus transport options to let you access the extensive shopping and recreational facilities of the surrounding suburbs.

experience the possibilities®

# Living in our Community

All our suites have been designed to ensure our residents are as comfortable as possible, enjoying the company of others and easy access to our Community.

## Our Care Centre

Our Care Centre offers 125 beds, including 19 specially designed secure suites for residents with dementia. To make everyone as comfortable as possible we offer a range of accommodation options including 45 single suites with ensuite, 10 single rooms with external bathrooms, 31 shared rooms with ensuite and four shared rooms with external bathrooms.

All our residents have access to:

- 24-hour professional staff
- Emergency call systems
- All meals and maintenance including washing and general cleaning taken care of by our in-house teams.

## Our care suites

All our suites are tastefully and elegantly designed and come fully furnished. We encourage you to bring any photos or mementos from home to make your stay even more comfortable.

For added comfort, each suite offers:

- Individual flat screen television
- Hi-Lo bed
- Remote control for bed, lights and television
- Built-in wardrobe
- Bedside drawers including lockable drawers
- Comfortable lounge-style chair
- Internet and telephone access
- Reverse-cycle air conditioning.

## Activities

There's always something interesting going on for you to get involved in. You can experience a range of activities to suit your needs and interests.

But if you'd prefer some privacy, our landscaped gardens and quiet areas are there too.

Activities include:

- Church services — Uniting, Anglican and Catholic
- Bus trips to various locations
- Regular Physiotherapy Maintenance programmes as well as a variety of exercise and wellness activities
- Games such as bingo
- Social activities such as high tea and happy hour
- "Flicks by request" movie nights
- Art therapy
- Regular fruit cocktail party.

Join us!





## Location

**IRT Berala on the Park**  
**13-19 St Johns Ave**  
**Auburn NSW 2144**

**For more information Freecall 1800 024 915**

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