

# **IRT Tarrawanna Aged Care Centre**

## **COVID-19 Outbreak Transition Plan**

### **5 November 2021**

This plan has been developed to outline the transition phases towards regular operations at IRT Tarrawanna Aged Care Centre following the COVID-19 outbreak which began in early October 2021.

Progression from each phase is based on continued progress with no staff or residents being diagnosed with COVID-19.

Residents and their nominated representatives will be kept informed of key milestones outlined in the plan below.

### **Phase 1: Planning and preparations** **Commencing Wednesday 3 November 2021**

- Deep cleaning of all rooms within the centre
- Recovered residents within the centre to return to their rooms
- Planning and preparations for return of residents from Bulli and Lawrence Hargrave Hospitals
- Grouping of employees in specific areas of the Centre to continue, including their break area
- One Registered Nurse dedicated to Kookaburra, Rosella/ Lorikeet areas

### **Phase 2: Cleaning and return of residents** **Commencing Saturday 6 November 2021**

- Removal of all internal signage and equipment related to the outbreak including posters and tables for the donning and doffing of infection control gowns, masks and gloves
- Removal of HEPA filters from air conditioning units for cleaning and return to Illawarra Shoalhaven Local Health District
- Deep cleaning continues
- Following deep cleaning, furniture which was relocated to be returned to usual places
- Notification of non-essential services such as allied health professionals for return to centre from Phase 3 of this plan
- Staff continue wearing N95/P2 masks and face shields
- Residents who are able, to meet with each other in dining rooms commencing breakfast Monday 8 November
- Residents may join others in the common areas within their units commencing Monday 8 November
- IRT's Infection Prevention and Control Lead to continue working on site
- Routine preventative maintenance resumes

### **Phase 3: Cautious steps towards regular operations Commencing Tuesday 9 November**

- Screening check protocol for all residents to remain in place
- Observations (COVID-19 limited vitals range) to continue for residents requiring clinical monitoring
- Phone lines redirected back to the centre on Tuesday 9 November
- Airflow to return to regular operations – windows may be opened, and doors left open
- Centre-based daily outbreak meetings to continue for one week
- Rapid Antigen Testing continues for all staff prior to shift and for residents with symptoms
- Additional daily cleaning of common areas to continue
- Visits by GPs and allied health professionals to resume
- Essential visits to commence (for those who previously assisted with essential care functions – such as helping with meals and personal care)

### **Phase 4: Centre re-opens Commencing Monday 15 November 2021**

- Visits to residents to resume by appointment and as per the NSW Chief Health Officer's directions
- Staff continue wearing N95/P2 masks and face shields
- Screening checks of all residents remain in place
- Observations (COVID-19 limited vitals range) to continue for residents requiring clinical monitoring
- Return to regular cleaning regime – includes frequent touch point cleaning
- Laundry to recommence as per regular operations on Monday the 15th November
- Hairdressers to return and small group activities to resume
- Staff roster to return to regular operations
- Rapid Antigen Testing to be applied as required for anyone entering the care centre
- IRT's Infection Prevention Control Lead to provide remote support as required
- Admissions to re-commence

## **Phase 5: Regular operations, de-brief and time to reflect Commencing Monday 22 November**

- Staff will resume the wearing of surgical masks and eye protection (face shield or approved goggles/glasses)
- Observations for residents requiring clinical monitoring to revert to pre-outbreak range
- Resident memorial to be held for all staff and residents – time to reflect and remember those who passed away during the outbreak (COVID-19 and non-COVID-19 related)
- Lifestyle Activities to resume as per regular operations
- Residents and their nominated representatives invited to provide feedback on IRT's management of the outbreak
- COVID-19 Booster Vaccination Clinic to be held with Aspen Medical – date to be confirmed