

### IRT Macarthur Aged Care Centre

Everything you need to know about our community

1 Hyde Parade, Campbelltown NSW 2560

# **IRT Macarthur**

Set in beautiful architecturally designed buildings, IRT Macarthur has been created to enhance the surrounding views and natural light at every turn.

With independent living apartments and over private care suites, this spacious community is perfect for those looking for contemporary living. Everything about IRT Macarthur has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible whilst receiving personal and professional care. Residents are supported throughout their entire aged care journey. IRT Macarthur is located between NSW's Park Central and Campbelltown CBD, with easy access to shops, cafes, restaurants, entertainment, and amenities. Surrounded by beautifully manicured gardens, our extensive facilities give you the option of being active and adventurous or staying as relaxed as you please.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.

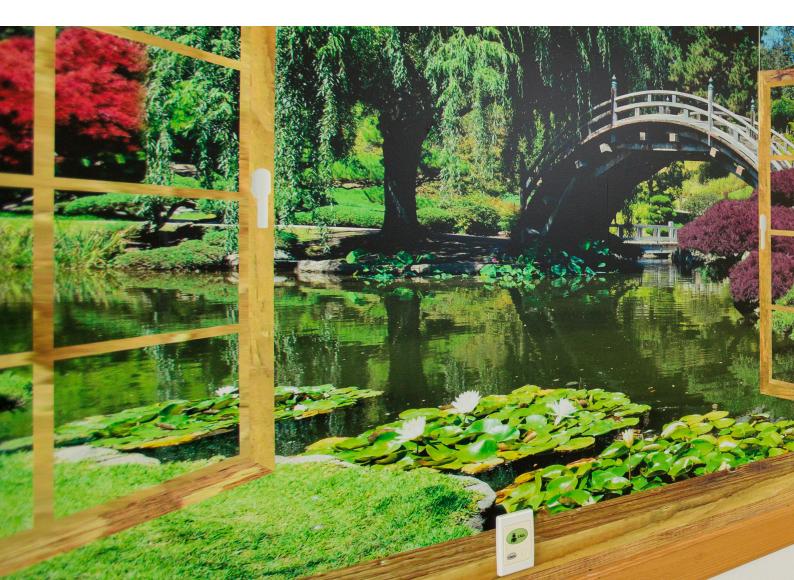


**Top left -** Relax in our secure outdoor areas. **Top right -** Entertain family and friends in our BBQ area. **Bottom** - Get creative with your gardening in our unique communal garder

## IRT Macarthur Aged Care Centre

#### Professional aged care with a personal touch

Our aged care centre offers professional personalised care in superiour surroundings. You'll have easy access to the communal dining and lounge areas and be surrounded by beautifully landscaped gardens, walking paths and entertainment facilities. Choose from a range of private care suites or experience specialised dementia care in a secure environment. Our experienced staff are on hand 24/7 ensuring you're comfortable and well cared for.





Professional Personalised Care



Engaging Lifestyle in a real Community



Modern Comfortable Living



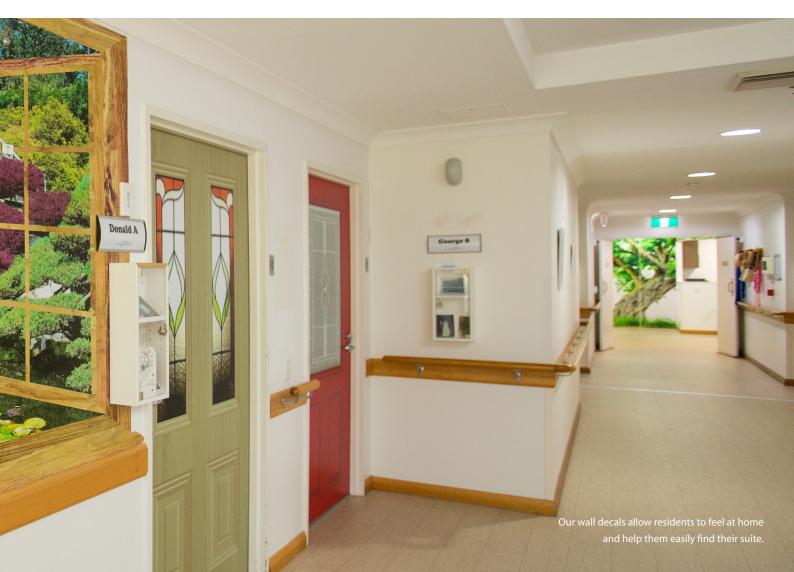
Connect with Family and Friends



Nutritious Meals and Refreshments



Aged Care Centres that Give Back



#### **Activities**

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Macarthur.

#### Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. IRT Catering are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Macarthur.

#### Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Macarthur. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

#### **Specialised Dementia Care**

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and researchbased design.

The secure dementia care environments at IRT Macarthur enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

#### **Palliative Care**

IRT Macarthur provides personalised palliative care with compassion, comfort and connection

when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness. support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

**Communal Dining** 

Hairdresser

Visitor Parking

Specially trained staff provide clinical care and

#### **Aged Care Centre Features**

**Community Centre** 



Community Bus



Landscaped Gardens



Library

#### **On-site Services**



**Palliative Care** 



24/7 Registered Nurse



On-site Retirement Village



ĞFP

Dementia Care



Namaste Program







### IRT Macarthur

1 Hyde Parade, Campbelltown NSW 2560

For more information call **134 478** or email **customerservice@irt.org.au** 

#### irt.org.au/macarthur-acc



**We'd love to show you around our community.** Visit irt.org.au/macarthur-acc and book a tour with our friendly team.