

### IRT St Georges Basin Aged Care Centre

Everything you need to know about our community

Cnr Meriton Street & Loralyn Avenue, St Georges Basin NSW 2540

# IRT St Georges Basin

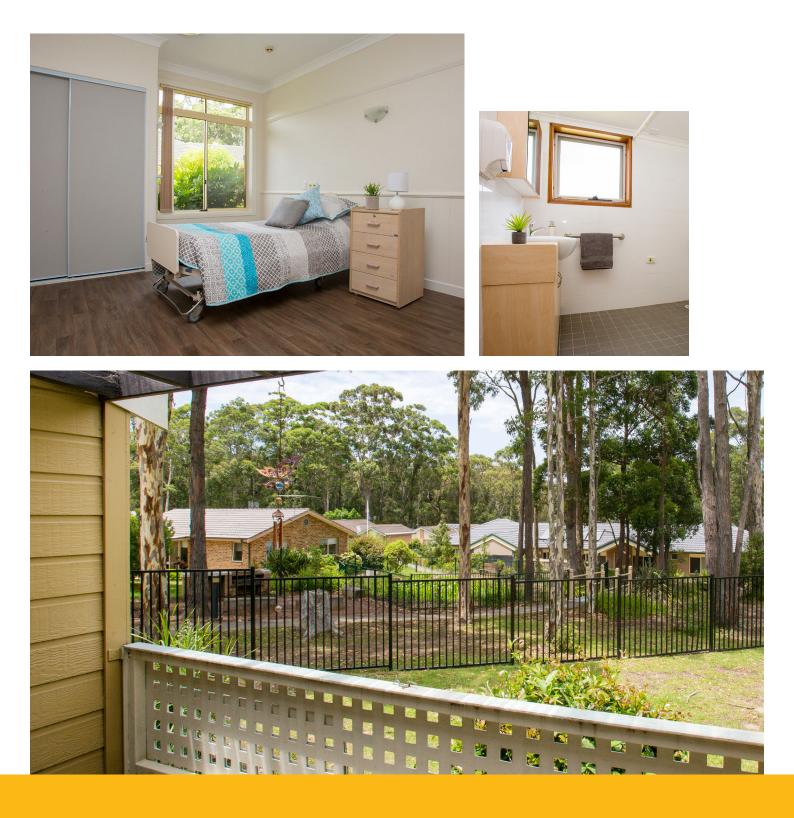
Nestled in a spacious bushland setting, IRT St Georges Basin is designed to maximise the beautiful natural setting.

With independent living villas, private care suites and secure houses for residents living with dementia, this spacious community is perfect for those looking for contemporary living. Everything about IRT St Georges Basin has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible whilst receiving personal and professional care. Residents are supported throughout their entire aged care journey.

IRT St Georges Basin is located in the peaceful bushland surrounds of St Georges Basin, one of the Shoalhaven's most picturesque seaside towns. Just a stone's throw from the tranquil waters, this is the perfect spot to relax or take advantage of all the activities the region has to offer.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.



Top left - Receive professional care with a personal touch.

**Top right -** Choose from a range of private ensuite rooms or experience specialised dementia care in a secure environment. **Bottom** - The relaxing bushland setting close to the St Georges Basin estuary is sure to make you feel at home.

## IRT St Georges Basin Aged Care Centre

#### Professional aged care with a personal touch

Our aged care centre offers professional personalised care in modern surroundings. Choose from a range of private ensuite suites or experience specialised dementia care in a secure environment. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.





Professional Personalised Care



Engaging Lifestyle in a real Community



Modern Comfortable Living



Connect with Family and Friends



Nutritious Meals and Refreshments



Aged Care Centres that Give Back



#### **Activities**

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on community outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT St Georges Basin.

#### Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT St Georges Basin.

#### **Journey of Care**

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT St Georges Basin. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

#### **Specialised Dementia Care**

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and researchbased design.

The secure dementia care environments at IRT St Georges Basin enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

#### **Palliative Care**

IRT St Georges Basin provides personalised palliative care with compassion, comfort

and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness. Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

**Communal Dining** 

Hairdresser

Visitor Parking

#### **Aged Care Centre Features**



Community Centre



Community Bus



Landscaped Gardens



BBQ Area

#### **On-site Services**



**Palliative Care** 



24/7 Registered Nurse



On-site Retirement Village



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Dementia Care



Namaste Program





### **IRT St Georges Basin**

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For more information call **134 478** or email **customerservice@irt.org.au** 

irt.org.au/stgeorgesbasin-acc



**We'd love to show you around our community.** Visit irt.org.au/stgeorgesbasin-acc and book a tour with our friendly team.